



QP CODE: 26019461



Reg No :

Name :

M.Sc DEGREE (CSS) EXAMINATION, MARCH 2026

Fourth Semester

M Sc Home Science Branch X(A) - Child Development

ELECTIVE - HS860402 - GUIDANCE AND COUNSELLING

2019 Admission Onwards

1B7CD974

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

*Answer any **eight** questions.*

Weight 1 each.

1. Define Guidance.
2. List the features of guidance.
3. Explain the orientational function of guidance.
4. What do you mean by recreational guidance ?
5. List the qualities needed for a counsellor.
6. What are the essential elements in guidance and counselling?
7. Brief on the process of guidance and counseling.
8. Mention ego states.
9. How does play therapy works?
10. What is horticultural therapy?

(8×1=8 weightage)

Part B (Short Essay/Problems)

*Answer any **six** questions.*

Weight 2 each.

11. Explain the need for guidance and counselling.
12. Write on the scope of counselling.





13. What are the external conditions affecting counselling process?
14. Explain facilitative counselling.
15. Briefly explain psychoanalysis as a method of treating mental disorders.
16. List the six conditions that are required for success in client-centered therapy.
17. Discuss on the main disciplines of behavioural therapy.
18. Explain the importance of art therapy in treating children.

(6×2=12 weightage)

Part C (Essay Type Questions)

*Answer any **two** questions.*

Weight 5 each.

19. Explain the relevance of counselling in the present scenario in Kerala?
20. Explain in detail on techniques of counselling . Also mention the role of a counsellor.
21. Explain in detail on REBT.
22. Discuss in detail about Music therapy and its advantages .

(2×5=10 weightage)

