



QP CODE: 26019568



26019568

Reg No :

Name :

M.Sc DEGREE (CSS) EXAMINATION, MARCH 2026

Fourth Semester

M Sc HOME SCIENCE BRANCH X(D) - FAMILY AND COMMUNITY SCIENCE

**ELECTIVE - HS800401 - DEVELOPMENTAL PSYCHOLOGY AND COUNSELLING
SKILLS**

2019 Admission Onwards

B45DD27F

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

*Answer any **eight** questions.*

Weight 1 each.

1. Differentiate pure and applied psychology.
2. Mention any four branches of applied psychology.
3. State the importance of attention.
4. What are the steps to be followed in solving a problem?
5. What is forgetting? Differentiate natural and morbid forgetting.
6. Brief on the two factor theory of intelligence.
7. What is the need for guidance?
8. Define facilitative counselling.
9. What is health guidance?
10. Write short note on play therapy.

(8×1=8 weightage)

Part B (Short Essay/Problems)

*Answer any **six** questions.*

Weight 2 each.

11. What are the stages of evolution of psychology? List out the scope of psychology.





12. Write a note on any three methods of psychology.
13. Suggest some suitable methods for enhancing our memory.
14. Analyse and explain the theory of multiple intelligence.
15. Briefly explain the counsellor features.
16. Define guidance and describe in brief its need for adolescents.
17. What are cognitive distortions? Describe.
18. Describe any two areas of counselling.

(6×2=12 weightage)

Part C (Essay Type Questions)

*Answer any **two** questions.*

Weight 5 each.

19. Describe the different types of thinking with examples.
20. Analyse the use of different types of intelligence test?
21. Analyse the importance of Academic school counselling in the current scenario.
22. Explain the innovative approaches in counselling process.

(2×5=10 weightage)

