



QP CODE: 25805439



25805439

Reg No :

Name :

MPES DEGREE EXAMINATION NOVEMBER 2025

First Semester

MASTER OF PHYSICAL EDUCATION AND SPORTS

**CORE - PE030103 - TEST, MEASUREMENT AND EVALUATION IN PHYSICAL
EDUCATION**

2021 Admission Onwards

16473F2D

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

*Answer any **eight** questions.*

Weight 1 each.

1. Evaluation.
2. What is standard test?
3. Tests for motor fitness.
4. Test items in IOWA brace test.
5. AAHPERD Health related fitness battery.
6. Harvard step test.
7. How many steps should the male and female subjects has to step up and down in the Tuttle Pulse Ratio Test.
8. The Wintage Anaerobic test is used to determine which quality of an athlete?
9. Write the test batteries of Johnson basic Basketball test.
10. Write down the test batteries of Harbans Singh Field hockey test.

(8×1=8 weightage)

Part B (Short Essay/Problems)

*Answer any **six** questions.*

Weight 2 each.

11. Availability of Norms for a test.
12. How to construct a test?
13. Compare motor fitness and motor ability.
14. Explain Beep test.





15. Define VO₂ Max.
16. How the Triceps skin fold is measured?
17. Draw the markings for conducting the Broer Miller test.
18. Explain the procedure of administering the Mor-Christian Soccer Passing test.

(6×2=12 weightage)

Part C (Essay Type Questions)

*Answer any **two** questions.*

Weight 5 each.

19. What are the factors affecting Reliability?
20. Meaning and Definition of motor fitness.
21. Need and Importance of Roger's Physical fitness in the field of physical education.
22. Explain the procedures for administering the anthropometric measurements.

(2×5=10 weightage)

