



QP CODE: 25047630

Reg No :

Name :

M.Sc DEGREE (CSS) EXAMINATION, NOVEMBER 2025

Third Semester

M Sc Home Science Branch X(A) - Child Development

Core Course - HS010303 - MENTAL HEALTH IN DEVELOPMENTAL PERSPECTIVES

2019 ADMISSION ONWARDS

4DC50F81

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

*Answer any **eight** questions.*

*Weight **1** each.*

1. List the importance of mental health.
2. Define safety.
3. Define self concept.
4. Define aggression.
5. List the mental health needs in middle childhood years.
6. List the need for providing guidance to children.
7. List the causes of STDs.
8. Define Depression.
9. List the social issues in adolescence.
10. Define antisocial behaviour.

(8×1=8 weightage)

Part B (Short Essay/Problems)

*Answer any **six** questions.*

*Weight **2** each.*

11. Explain on National Mental Health Programme .
12. Define mental health. Explain the current mental status in mental health,
13. Give an account of the behaviour difficulties in children.





14. Explain the need to Orient teachers to attend to developmental behaviour problems in the classroom.
15. Discuss the role of administrators and teachers in improving mental health of children.
16. Critically evaluate the need for orienting teachers to attend developmental behaviour problems in the classroom.
17. Give an account on the common mental health issues in adolescents.
18. Give preventive measures for eating disorders.

(6×2=12 weightage)

Part C (Essay Type Questions)

*Answer any **two** questions.*

Weight 5 each.

19. Describe mental health needs of children in middle childhood years.
20. Explain the attachment phases. Explain attachment of children to significant members and objects.
21. Explain Major Stressors in Life.
22. Define stress. Explain the physiological and psychological response to stress. Discuss the various ways to reduce stress among teens.

(2×5=10 weightage)

