

QP CODE: 23104687

| Reg No | : | |
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| Name | : | |

B.Sc DEGREE (CBCS) REGULAR/IMPROVEMENT/REAPPEARANCE EXAMINATIONS, FEBRUARY 2023

First Semester

B.Sc Clinical Nutrition and Dietetics Model III

Core Course - CN1CRT02 - BASIC DIETETICS

2017 Admission Onwards

49D81552

Time: 3 Hours

Max. Marks: 80

Part A

Answer any **ten** questions. Each question carries **2** marks.

- 1. What are the role of dietitian in a community?
- 2. Neonatal dietitian
- 3. What are the goals of councelling?
- 4. Comment on the metabolic changes in fever.
- 5. What are the causes of influenza?
- 6. Comment the nutritional complications of AIDS.
- 7. Discuss Grade II obesity.
- 8. Write note on juvenile onset obesity and adult onset obesity.
- 9. Which are the common metabolic disorders seen in obese individuals?
- 10. What is food intolerance?
- 11. Write any 2 treatment for food intolerance.
- 12. What are the alteration in taste , apetite and food intake?

(10×2=20)





Part B

Answer any **six** questions. Each question carries **5** marks.

- 13. What are the care plan taken for a patient in assessing the dietary intake?
- 14. What are stand-alone application?
- 15. What is TPN? Give a sample TPN regimen for an adult.
- 16. What dietary modification will you suggest for a typhoid patient?
- 17. Brief on tuberculosis and its dietary management.
- 18. What are the parameters used in the diagnosis of obesity?
- 19. Write a short note on Binge eating disorders.
- 20. Explain food sensitivity in foods of plant orgin.
- 21. Write the symptoms and treatment for acne and acne vulgaris.

(6×5=30)

Part C

Answer any **two** questions. Each question carries **15** marks.

- 22. Write in detail about patient checkup diet councelling and its followup.
- 23. What is therapeutic diet? How can you modify a normal diet to therapeutic diet?
- 24. Elaborate on preventive strategies of obesity.
- 25. Write in detail about restricted diets and elimination of diets.

(2×15=30)