

QP CODE: 24019045



Reg No :

Name :

MSW DEGREE (CSS) EXAMINATION , APRIL 2024

Second Semester

MSW

CORE - SW010202 - COUNSELLING AND PSYCHOTHERAPY

2019 Admission Onwards

7C258C87

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

*Answer any **eight** questions.*

Weight 1 each.

1. Concept of psychotherapy.
2. What do you mean by counsellor?
3. Specify steps followed in counselling practice.
4. Briefly mentioned the use of reinforcement skill in counselling.
5. Give short note on anger and stress management techniques.
6. What is the use of counselling in the management of HIV/AIDS?
7. Define Psychotherapy.
8. Reality therapy and Cognitive Behavioural Therapy. Differentiate
9. Person with Disabilities. Elaborate
10. Explain the concept 'eclectic'.

(8×1=8 weightage)

Part B (Short Essay/Problems)

*Answer any **six** questions.*

Weight 2 each.

11. Explain how individual counselling differ from group counselling.
12. Practice based on code of ethics demonstrate high quality. Justify.
13. Explain the importance of procedural dimension in counseling.
14. What is facilitative dimension in counselling.





15. Explain how the techniques listening and responding helps in counselling practice.
16. Compose a strategy counselling programme for screen addiction disorders.
17. Differentiate between client centered therapy and gestalt therapy.
18. Differentiate REBT and CBT.

(6×2=12 weightage)

Part C (Essay Type Questions)

*Answer any **two** questions.*

*Weight **5** each.*

19. Generate an essay on verbal skills in counselling.
20. Discuss the need, scope and techniques applied in marital counselling and crisis counselling.
21. A therapeutic relationship is the key to problem solving in counselling. Explain.
22. Point out your view on how social transactions are analysed in Transactional analysis How Transactional Analysis effective in family counselling?

(2×5=10 weightage)

