

QP CODE: 25009041



Reg No :

Name :

**UNDER GRADUATE (CBCS) SPECIAL REAPPEARANCE EXAMINATIONS,
FEBRUARY 2025**

Fifth Semester

(Offered by the Board of Studies in Psychology)

OPEN COURSE - PY5OPT01 - BASICS OF COUNSELLING PSYCHOLOGY

2022 Admission Only

B01595A6

Time: 3 Hours

Max. Marks : 80

Part A

*Answer any **ten** questions.*

*Each question carries **2** marks.*

1. Astrology.
2. Generalization.
3. Varied Interval schedule of reinforcement.
4. Decay theory.
5. Basic needs.
6. Affirmation.
7. Case history.
8. Psychotherapy.
9. Ego.
10. Persona centered approach.
11. Counter transference.
12. REBT.

(10×2=20)

Part B

*Answer any **six** questions.*

*Each question carries **5** marks.*

13. Explain Pure psychology.





14. Sensory memory and Short term memory.
15. Explain different memory enhancement techniques.
16. Yerke's dodson law and goal expectancy.
17. Define emotion and explain Schachter singer two factor theory.
18. Core conditions of counseling.
19. Mental health.
20. Explain cognitive approach in counselling.
21. Examine the behavioral appraoch in counselling.

(6×5=30)

Part C

*Answer any **two** questions.*

*Each question carries **15** marks.*

22. What is psychology and explain the schools of modern scientific psychology?
23. Explain Classical Conditioning.
24. Explain the different steps in observational learning.
25. Explain behavioural modification technique used in counselling.

(2×15=30)

