



QP CODE: 24019454



24019454

Reg No : .....

Name : .....

**B.Sc DEGREE (CBCS) REGULAR / IMPROVEMENT / REAPPEARANCE  
EXAMINATIONS, MAY 2024**

**Second Semester**

B.Sc Clinical Nutrition and Dietetics Model III

**Core Course - CN2CRT06 - FAMILY MEAL MANAGEMENT II**

2017 ADMISSION ONWARDS

362E2FD3

Time: 3 Hours

Max. Marks : 80

**Part A**

*Answer any **ten** questions.*

*Each question carries **2** marks.*

1. Importance of energy during preschool age.
2. Define growth monitoring.
3. Importance of female education.
4. What are the major reasons for feeding problems among school children.
5. Write any 2 packed lunches for a school child.
6. Importance of school lunch programme.
7. What do you mean by growth spurt?
8. What is the relationship between soft drinks and osteoporosis?
9. Discuss the common eating disorders seen in adolescence.
10. Give the RDA for a male moderate worker.
11. Give the RDA for a 62 year old man.
12. Why do elderly prefer soft foods? How can you make it soft?

(10×2=20)

**Part B**

*Answer any **six** questions.*

*Each question carries **5** marks.*





13. What are the factors affecting growth & development of a preschool child? Explain.
14. Explain the reasons of feeding problems in preschooler and how can we manage these problems?
15. Write down the classification of VAD.
16. Give the RDA for a 12 year old girl.
17. Explain food habits of a school child.
18. What are the factors to be considered by a 15 year girl while having food from outside?
19. Briefly explain the different nutritional programmes for adolescents.
20. Write any four functional changes in organ which affect an old man.
21. Why osteoporosis is common among elderly? Explain its risk factors and management.

(6×5=30)

### **Part C**

*Answer any **two** questions.*

*Each question carries **15** marks.*

22. Write about the food habits of a preschool child. Explain role of parents in developing good food habits among them.
23. Plan a days menu for a 7 year old child. Describe the points to be considered in planning diet for a school child.
24. Adequate nutritional support should be provided in adolescent period. Justify.
25. Discuss the degenerative diseases on elderly.

(2×15=30)

