



## BSW DEGREE (CBCS) REGULAR / REAPPEARANCE EXAMINATIONS, MARCH 2024

### Sixth Semester

Bachelor of Social Work

# COMPLEMENTARY COURSE - SW6CMT25 - THEORY AND PRACTICE OF COUNSELLING

2017 Admission Onwards

ED591541

Time: 3 Hours Max. Marks: 80

#### Part A

Answer any **ten** questions.

Each question carries **2** marks.

- 1. Mention two scope of counselling.
- 2. What is psychotherapy?
- 3. Who is the founder of psychoanalysis?
- 4. Mention two principles of reality therapy.
- 5. Relationship building.
- 6. Communication skill.
- 7. What is contract in counselling?
- 8. What you mean by role play in counselling?
- 9. Define family.
- 10. Deaddiction counselling.
- 11. What you mean by crisis?
- 12. Define health.

 $(10 \times 2 = 20)$ 



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#### Part B

## Answer any **six** questions. Each question carries **5** marks.

- 13. Explain the history of counselling.
- 14. Explain the differences and similarities between counselling and guidance.
- 15. Explain the ethical principles of counselling.
- 16. Explain psychoanalytic theory.
- 17. Explain reality therapy.
- 18. Explain the role of a counsellor in relationship buliding phase of counselling.
- 19. Explain the non verbal skills in counselling.
- 20. Give a clinical picture of HIV. Discuss the importance of counselling in containing the spread of HIV.
- 21. Explain the methods and process of marital counselling.

 $(6 \times 5 = 30)$ 

### Part C

Answer any two questions.

Each question carries 15 marks.

- 22. Explain the importance of values and ethics in counselling practice.
- 23. Explain the major attitudes and skills requuired for the stages of counselling.
- 24. Explain counselling skills with suitable illustrations.
- 25. Explain the need and importance of industrial counselling in the modern society.

 $(2 \times 15 = 30)$ 

