



QP CODE: 24001127

Reg No : .....

Name : .....

**B.A DEGREE (CBCS) REGULAR / REAPPEARANCE EXAMINATIONS, MARCH 2024**

**Sixth Semester**

B.A Sociology Model I

**CHOICE BASED CORE COURSE - SO6CBT01 - LIFE SKILL DEVELOPMENT**

2017 Admission Onwards

99067993

Time: 3 Hours

Max. Marks : 80

*Instructions to Private candidates only: This question paper contains two sections. Answer **SECTION I** questions in the answer-book provided. **SECTION II**, Internal Examination questions must be answered in the question paper itself. Follow the detailed instructions given under*

**SECTION II**

**Part A**

*Answer any **ten** questions.*

*Each question carries **2** marks.*

1. Interpersonal skills.
2. Critical thinking.
3. Self awareness.
4. Oral communication.
5. Active listening.
6. Career goals.
7. Job fair.
8. Assertive behaviour.
9. Time stress.
10. Optimism.
11. Mental health.
12. Self esteem.

(10×2=20)





### Part B

Answer any **six** questions.

Each question carries **5** marks.

13. What are the characteristics of personality?
14. Explain the functions of communication.
15. Bring out the major principles of effective public speaking.
16. List out the major sources of career information.
17. Describe the steps in career planning.
18. Discuss the importance of follow-up communication.
19. Explain the meaning and components of Self control.
20. Distinguish between stress and strain.
21. Briefly discuss conflict resolution strategies.

(6×5=30)

### Part C

Answer any **two** questions.

Each question carries **15** marks.

22. Explain the meaning and components of and need for life skill development.
23. Discuss the role of electronic media in developing Life Skill.
24. Define Resume and discuss the steps and format of a good Resume.
25. Explain the meaning and components of Self-management.

(2×15=30)

