



24001124

QP CODE: 24001124

Reg No : .....

Name : .....

**B.A DEGREE (CBCS) REGULAR / REAPPEARANCE EXAMINATIONS, MARCH 2024**

**Sixth Semester**

B.A Philosophy Model I

**CHOICE BASED CORE COURSE - PL6CBT01 - PHILOSOPHY OF SELF  
MANAGEMENT**

2017 Admission Onwards

1E71CE5A

Time: 3 Hours

Max. Marks : 80

**Part A**

*Answer any **ten** questions.*

*Each question carries **2** marks.*

1. Define Monism.
2. Define Self Management.
3. Which are the two higher goals in selfless action?
4. Define lokasangraha.
5. Write down the eight limbs of Yoga.
6. Define Ahimsa.
7. Write the four Arya Satyas.
8. What is Right mindfulness?
9. Define Ksanika Vada.
10. Examine two important causes for the origin of Existentialism.
11. Name two important works of Sartre.
12. Distinguish between Aesthetic and Religious stage.

(10×2=20)

**Part B**

*Answer any **six** questions.*

*Each question carries **5** marks.*

13. Examine philosophy as a reflective and critical approach to life.





14. Explain the role of philosophy in managing life situations.
15. Evaluate the role of Bhagavad Gita in crisis management.
16. Explain the concept of "My station and its duties".
17. Explain with illustration Plato's division of soul.
18. Discuss the concept of Pratitya Samut Pada as an explanation to the cause of all problems.
19. Briefly explain Nirvana as the Summum Bonum:
20. Existence precedes essence. Examine.
21. Discuss how bad faith leads to unauthentic living.

(6×5=30)

### **Part C**

*Answer any **two** questions.*

*Each question carries **15** marks.*

22. Write an essay on philosophy and its different fields.
23. Write an essay on Bhagavad Gita as a manual of self management.
24. Evaluate the philosophy of Buddhism as an important manual of Self management.
25. Discuss Existentialism as a philosophy of Self management.

(2×15=30)

