



QP CODE: 25021697



25021697

Reg No :

Name :

B.VOC DEGREE REGULAR/REAPPEARANCE EXAMINATIONS, MARCH 2025

Sixth Semester

B.Voc Advanced Course in Multisports and Fitness Training

MFTG602 - FITNESS CENTRE MANAGEMENT

2018 Admission Onwards

F5BA8F34

Time: 3 Hours

Max. Marks : 80

Part A

*Answer any **ten** questions.*

*Each question carries **2** marks.*

1. What is fitness centre management?
2. Write short note on Resistance Training Room Guidelines.
3. What is Aerobic Exercise Area?
4. What is Versatility?
5. What is Stock keeping?
6. Explain circuit weight training.
7. Explain Facility Traffic Flow.
8. What is Group Class Packages?
9. What is Corporation?
10. What is Contracts?
11. What is Breach of contract?
12. What is Written Policies?

(10×2=20)

Part B

*Answer any **six** questions.*

*Each question carries **5** marks.*

13. What are the main factors of Budget planning?





14. What are the effectiveness of equipment in a fitness center?
15. What are the main factors Cost-effectiveness?
16. Explain the stages of client and trainer relations.
17. Write a short note on feedback.
18. Explain establishing a Budget plan.
19. Write a short note on financial management.
20. Briefly explain Proper Qualifications.
21. Briefly explain Legal Implications.

(6×5=30)

Part C

*Answer any **two** questions.*

*Each question carries **15** marks.*

22. Write essay on Emergency–first aid kit and automated external defibrillator
23. Write essay on procedure of After Ordering New Exercise Equipments in Delivery and Arrival.
24. Elaborate and explain Facility and Equipment Maintenance.
25. Explain and evaluation of Informed Consent.

(2×15=30)

