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Reg. No.....

Name.....

**B.A. DEGREE (C.B.C.S.) [REGULAR/IMPROVEMENT/REAPPEARANCE/
MERCY CHANCE] EXAMINATION, FEBRUARY 2025**

Sixth Semester

B.A. Sociology Model I

Choice Based Core Course : SO6CBT01—LIFE SKILL DEVELOPMENT

2017 Admission Onwards

Time : Three Hours

Maximum Marks : 80

Instructions to private candidates only: This question paper contains two sections. Answer **Section I** questions in the answer book provided. **Section II** internal examination questions must be answered in the question paper itself. Follow the detailed instruction under **Section II**.

Section I

PART A

*Answer any **ten** questions.
Each question carries 2 marks.*

1. Problem solving skills.
2. Self- control.
3. Self acceptance.
4. Non-verbal communication.
5. Aggressive behaviour.
6. Personality disorder.
7. Follow-up communication.
8. Career development cell.
9. Anticipated stress.
10. Career options.

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11. Creative thinking.
12. Empathetic attitude.

(10 × 2 = 20)

PART B

*Answer any **six** questions.
Each question carries 5 marks.*

13. Bring out the relationship between Personality and Life skill development.
14. Explain the meaning and types of Communication.
15. Identify the do's and don'ts of Group discussion.
16. Bring out the tips for a successful Interview facing.
17. How to prepare a good Resume ?
18. Describe the characteristic features of Self esteem.
19. What are Conflict resolution skills ?
20. Discuss the factors which cause Stress and Strain.
21. Bring out the benefits and advantages of Positive thinking.

(6 × 5 = 30)

Part C

*Write any **two** questions.
Each question carries 15 marks.*

22. Explain the need and importance of Life skill development in the contemporary society.
23. Discuss the meaning and importance of effective Communication.
24. Define the concept of Career planning and discuss the steps and process of Career planning.
25. Explain the meaning and importance of Emotional Quotient and Social Quotient.

(2 × 15 = 30)

