

QP CODE: 25020320



Reg No :

Name :

**BSW DEGREE (CBCS) REGULAR / REAPPEARANCE / MERCY CHANCE
EXAMINATIONS, FEBRUARY 2025**

Sixth Semester

Bachelor of Social Work

**COMPLEMENTARY COURSE - SW6CMT25 - THEORY AND PRACTICE OF
COUNSELLING**

2017 Admission Onwards

27F7CD0B

Time: 3 Hours

Max. Marks : 80

Part A

*Answer any **ten** questions.*

*Each question carries **2** marks.*

1. What you mean by problem in counselling?
2. Give two differences between guidance and counselling.
3. What is theory?
4. Give any two disadvantages of eclectic counselling.
5. Evaluation.
6. Give two skills of a good counsellor.
7. Summarization.
8. Reinforcement.
9. What is cancer?
10. HIV
11. Marital counselling.
12. Client.

(10×2=20)

Part B

*Answer any **six** questions.*

*Each question carries **5** marks.*





13. Differentiate between individual and group counselling.
14. Explain the differences and similarities between psychotherapy and counselling.
15. Explain the values and ethics of counselling.
16. Explain rational emotive therapy.
17. Explain reality therapy.
18. Explain the major phases of counselling.
19. Explain the non-verbal skills in counselling.
20. Family counselling.
21. Explain the difference between career counselling and crisis counselling.

(6×5=30)

Part C

*Answer any **two** questions.*

*Each question carries **15** marks.*

22. Define counselling and explain the features of individual and group counselling in detail.
23. Explain the major attitudes and skills required for the stages of counselling.
24. Goal setting is an important technique used in counselling. Explain the major techniques used in counselling.
25. Discuss the functions and qualities of counsellor in a de-addiction counselling.

(2×15=30)

