

MAHATMA GANDHI UNIVERSITY
B.Sc. Degree (Honours) Practical Examination, MAY 2025
Second Semester
MODEL QUESTION PAPER
MG2MDCFSQ100- Lifestyle diseases and social health problems

Time: 1 hr

Max.Marks:35

1. Calculate BMI in the Anthropometric method[APPLY CO. NO 5]

- a) Principle of BMI (5 marks)
- b) A person weighs 85 kg and is 1.75 meters tall.
Calculate their BMI. (10 marks)

2. Make a diet chart:[APPLY, CO. NO 5]

- a) 5 dietary guidelines to manage obesity. (5 marks)
- b) Prepare a 1-day sample diet plan (3 meals + 2 snacks)
for the obese person(5 marks)

3. Lab Report [APPLY, CO. NO 5] (5 marks)

4. Viva [APPLY, CO. NO 5] (5 marks)