

Mahatma Gandhi University  
Priyadarsini Hills P.O  
Kottayam, Kerala

**Notification for Various Research Positions**

Applications are invited for various research positions to work on various projects under RUSA Scheme. The duration of the project is one year.

Title of the Project: **High-Quality Investigation on the Effectiveness of Yogic practices in improving Athletic performance of Sprinters, Middle distance runners and Jumpers**

Sl. No.	Position & Fellowship	Number of Vacancy	Qualification	Contact Person details
1	Research Associate Rs. 50000/- per month (Consolidated)	01	<b>Essential Qualifications:</b> Masters degree in Physical Education ( MPEd/ MPES) with Specialisation in Exercise Physiology/ Sports Biomechanics) or (b) 3 years of experience with MPEd/ MPES with Specialisation in Exercise Physiology,/ Experience in carrying out testings and Analysis in Exercise Physiology.  <b>Desirable Qualifications:</b> NET in Physical Education Upper Age limit: 45 years	Dr.Binu George Varghese Professor & Principal Investigator-RUSA 2.0 School of Physical Education and Sports Sciences, Mahatma Gandhi University, PD Hills PO, Kottayam-686560 Email: drbinugeorgevarghese@mgu.ac.in Mob. 9447006946

2	Research Associate Rs. 50000/- per month (Consolidated)	01	<p><b>EssentialQualifications:</b></p> <p>1.Master of Science in Physiology/ Biochemistry</p> <p>2. Ph.D. in Physiology/ Biochemistry</p> <p>3. Published works of high standard</p> <p>4. Desirable qualification: Experience in handling analytical/ biochemical/ physiological laboratory techniques</p> <p>Upper Age limit: 45 years</p>
3	Technical Assistant: Lev. 2 (Yoga Instructor) Rs. 25000/- per month (Consolidated)	01	<p>MSc in Yoga from a recognised University/ A post graduate Diploma in Yoga from a recognised University/ Institute.</p> <p>Upper Age limit: 45 years</p>
4	Technical Assistant/ Research Assistant (Level 1) Rs. 20000/- per month (Consolidated)	02	<p>Minimum qualification of 3 year degree in Physical Education(BPEd/BPES) or Bsc in Sports Coaching and Exercise Physiology</p> <p>Upper Age limit: 40 years</p>
5	Technical Assistant/ Research Assistant (Level 1) Rs. 20000/- per month (Consolidated)	01	<p>BSc MLT/ BSc Biochemistry</p> <p>Experience in handling laboratory instruments</p> <p>Age: Below 40 years</p>

Eligible and interested candidates should send their application with a complete CV and other relevant documents as a single pdf file to email contact of Contact Person. All

documents should be mailed on or before 22<sup>nd</sup> July 2023, 5pm. The interview date and details will be informed to the shortlisted candidates via email.

Sd/-

Dr.Binu George Varghese  
Professor & Principal Investigator-RUSA 2.0  
School of Physical Education and Sports Sciences