

# MAJOR ATTRACTIONS

ILLUSION ROOM  
RELAXATION ROOM  
MOVIE SCREENING  
PSYCHOLOGICAL ASSESSMENT  
FEEL GOOD CORNER  
TATTOO BOOTH  
EXHIBITION  
BRAIN GAMES  
SOCIAL EXPERIMENTS  
AWARENESS ABOUT  
PSYCHOLOGICAL DISORDERS

## Mind Salus '22

SCHOOL OF  
BEHAVIOURAL SCIENCES

MG  
University  
Campus

PD HILLS  
ATHIRAMPUZHA  
KOTTAYAM



SCHOOL OF BEHAVIOURAL SCIENCES  
MAHATMA GANDHI UNIVERSITY  
KOTTAYAM

Behalf Of  
Mental Health Awareness Month

## Mind Salus '22

26, 27, & 28  
October  
2022

### INAUGURATION



**PROF. (DR) SABU THOMAS**  
Hon. Vice Chancellor  
MG UNIVERSITY KOTTAYAM



**PROF. (DR) P.T. BABURA**  
Head Of The Department  
SCHOOL OF BEHAVIOURAL SCIENCES



# PROGRAMME SCHEDULE

## COMPETITIONS

### OFFLINE:

Bottle Art  
Quiz  
Face Painting  
Photography

### ONLINE:

Mandala Art

## PROGRAMME COORDINATOR

Mrs. Swathymol P.S

## STUDENT CONVENER

Adhila Haroon

## JOINT CONVENOR

Ambady Santhosh

### DAY 1:

(26/10/2022)

9 AM-9:30 AM

Registration

9:30 AM

## INAUGURAL SESSION

### WELCOME:

Ambady Santhosh

(Joint Convener)

### PRESIDENTIAL ADDRESS:

Prof. (Dr) P.T. Baburaj

(Head Of the Department

School of Behavioural Sciences)

### INAUGURATION :

Prof. (Dr). Sabu Thomas

(Hon. VICE CHANCELLOR

Mahatma Gandhi University)

### FELICITATION:

Muhammed Assan

(Student Representative)

### CHIEF SPEAKER :

Anil Kumar . K

(CLINICAL PSYCHOLOGIST)

### VOTE OF THANKS:

Manjimalekshmi K

(Student Representative)

### DAY 2:

(27/10/2022)

9 AM-9:30 AM

Registration

10AM-4PM

## ONE DAY WORKSHOP ON RORSCHACH INKBLOT TEST

(HANDS ON TRAINING)

RESOURCE PERSON:

PSY. SARATH SUNDAR

(CLINICAL PSYCHOLOGIST)

### DAY 3:

(28/10/2022)

9 AM-9:30 AM

Registration

10AM- 1PM

A SESSION ON

COUNSELLING:

SKILLS AND TECHNIQUES

(WITH CASE DISCUSSION)

RESOURCE PERSON:

SILPA BABU THADATHIL

(PSYCHOLOGICAL COUNSELLOR

& PROJECT CO-ORDINATOR)



