

Mahatma Gandhi University
Restructured Syllabus-PGCSS
M.A Programme in Sanskrit (Special) Vyakarana.
Semester-IV

Course-XX Elective- IV -Fundamentals of Yoga and Astrology

Texts- The Yogasutra (Selected portions)
The Muhurtapadavi (Selected portions)
The Jatakadesa (Selected portions)

Credits-4

Total Hours: 90

Aim- This course is intended to give some knowledge of the Yoga philosophy and Indian Astrology.

Objectives- (1) To show the students the way to successful living through the knowledge of Yoga.
(2) To give the students the awareness of the Indian Astrological system.

- Module-I** - The Samadhipada only (51 sutras)
Module-II - Karika 1&2 from the Muhurtapadavi
Module-III - Samjnaprakarana from the Jatakadesa (chapter I)
Module-IV - Bhavavicaraprakarana from the Jatakadesa (Chapter 10)
Module-V - Anukulyaprakarana & Misraprakarana from Jatakadesa (chapter 14&16)

Essential Reading: The Yogasutra, The Jatakadesa and the Muhurtapadavi

Ref:Books: - (1) Horasastra of Varahamihira
2) Muhurtapadavi with Sanskrit & Malayalam commentary published from The Panchangam Pustakasala, Kunnamkulam.