

PGCSS
MAHATMAGANDHI UNIVERSITY RESTRUCTURED SYLLABUS
P G PROGRAMME IN SANSKRIT GENERAL
SEMESTER IV - P E –IV- NATURAL LANGUAGE PROCESSING
OR
THE BASIC PRINCIPLES OF AYURVEDA.

CREDIT :4

WEIGHT :30

CONTACT HOURS :90

Aim of the course

To acquaint the students aware of the importance of Ayurveda since the Knowledge of same is essential as it is aiming at the preservation of health By preventing and diseases by establishing balance and harmony through nutrition , herbs ,meditation and daily routines.

Course Outline

Module (i)

Introduction to Ayurveda, Astangahrdaya of Vagbhata, Astangas of Ayurveda,

Carakasamhita, Susrutasamhita.

Module (ii)

Rtucarya – Hemantacarya, Sisiracarya, Vasantacarya.

Module (iii)

Greeshmacarya ,Varsartucarya and Saraccaya.

Module (iv)

Causes of diseases-14 vrtties ie. Vegas.

Essential Reading-

1. The Astangahrdaya of Vagbhata- Sutastanam- I.

Chapters -- Rtucarya and Roganutppadaniyam.

2. The Technical Literature in Sanskrit ed. Dr. S. Venkitasubrahmanya Iyer ,

Kerala University , Thiruvananthapuram.

Additional Reading-

- **The Scientific Heritage of India, Published by Govt. Sanskrit College, Tripunithura.**
- **Ayurvedathilude – Vaidyabhusanam K. Raghavan Thirumulppadu .**
- **The Astangadarsanam - do-**
- **Ayurveda – Sampurna Ayurveda Vijnana Grantham , Computec Publishers, Thiruvananthapuram.**

PGCSS
M A PROGRAMME SANSKRIT LANGUAGE AND LITERATURE GENERAL
IV SEMESTER

P E -VI- THE BASIC PRINCIPLES OF AYURVEDA

Time : 3 Hrs

Total WT :30

Instructions: Answers may be written either in English or in Sanskrit. In writing Sanskrit Devanagari script should be used.

PART-A

I Write a paragraph each on any five of the following- Wt :5*1 =5

1. Define Ayurveda-
2. Name the Rtus-
3. What is meant by Adanam?
4. Carakasamhita'
5. Who taught Ayurveda to Rishis ?
6. Astangahrdaya.
7. K.Raghavan Thirumulppadu.
8. What are Vegas?

PART- B

II Write Short essay on any five of the following; Wt : 2*5=10

9. वसन्तचर्या ।
10. सुश्रुतसंहिता ।
11. नित्यं सर्वरसास्वस्वाधिक्यमुतावतौ ।
12. प्रत्यहं क्षीयते श्लेष्मा तेन वायुश्च वर्धते ।
13. अवपीडकम् ।
14. हितं विश्रमणं तत्र ।
15. आगन्तवो गताः स्युः ।
16. आप्तोपसेवी च भवत्यरोगः।

PART-C

III Write long essay on any three of the following - Wt ; 3*5=15

17. Explain the importance of Rtucarya-
18. Sketch the glimpses of Ayurveda found in the Vedas -
19. Discuss the importance of Vagbhata in the history of Ayurveda-
20. Explain Vrtties-

21. The relevance of Ayurveda in modern life-

22. Discuss the contribution of Kerala to the development of Ayurveda-
SCHEME OF EXAMINATION

M A SANSKRIT LANGUAGE AND LITERATURE GENERAL

SEMESTER IV- PE VI – THE BASIC PRINCIPLES OF AYURVEDA.

The Astangahrdaya of Vagbhata- Sutrastanam I

Chapters –Rtucarya and Roganutppadaniyam

The Technical Literature In Sanskrit.

1-8	Short answer type questions{not exceeding one page} 5 from module 1 2 from module 2 1 from module 4	1 5 x1=5	5 out of 8
9-16	Short essay type questions(not exceeding 2 pages) 2 from module 1 1 from module 2 1 from module 3 4 from module 4	2 5x2=10	5 out of 8
17-22	Long essay type questions 2 from module 1 2 from module 2 1 from module 3 1 from module 4	3 3x5=15	3 out of 6
Distribution of questions from different modules	Part- A	Part-B	Part-C
1	5	2	2
2	2	1	2
3		1	1
4	1	4	1
Total	8	8	6